



# VIRUS

Arm yourself  
with an annual flu vaccination!

## MAYOR'S WELLNESS COMMITTEE,

in conjunction with St. Peter's Healthcare System



presents...

## ***SOUTH PLAINFIELD'S FAMILY HEALTH AND FITNESS FAIR***

### FREE HEALTH SCREENING AND EDUCATION...

- Free Flu shots for adults and children sponsored by St. Peter's and The Boyle Foundation (100 available)
- Arista Care
- Physical Therapists
- Cholesterol Screening
- Glucose Screening
- Blood Pressure Monitoring
- Blood Counts
- Dietary Counseling and Information
- South Plainfield's Environmental Commission Green Team
- Meet the Police Dogs
- Tour the Ambulance
- Free Child ID kits sponsored by the SP Police Department
- ID for Life
- Glitter Tattoos, Face Painting and Costume Characters
- Free T-shirts and Give Aways
- And Much More...

**SATURDAY, OCTOBER 15TH**

**11-2PM**

**SOUTH PLAINFIELD SENIOR CENTER**



### The Mayor's Wellness Committee

Mayor Anesh, Debbie Boyle, Tree Olano, Scott Carey,  
Alison Gibson, David Jaipersaud, Gary Prendergast,  
Joe Scudato  
Be Healthy.

Be Safe.

Be Well.

